



# Spring into Wellness

The LGS Student Affairs Team is hosting a series of wellness events this semester. Contact [Claire Beaudro](#) with questions!

Time Management Workshop (Virtual)

February 23, 11 a.m. – 12 p.m.

Emory Wellness Fair (McDonough Plaza/ESC)

March 2, Various Times

Budgeting Workshop (Hybrid)

Emory Student Center N302 or Zoom

March 17, 12 – 1 p.m.

Debt Management Workshop (Hybrid)

Emory Student Center N302 or Zoom

March 24, 1 – 2 p.m.

Grad Appreciation Week

April 4 – 8, Various Times/Locations TBD

Enhancing Wellbeing: Intentionally Matching Values and Action for Graduate Students (Virtual)

April 5, 12 – 1:30 p.m. or April 7, 5 – 6:30 p.m.

Graduate School Mental Health (Hybrid)

April 7, 11 a.m. – 12 p.m.



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